



Secret Self Photography

Indulge the Other You

Preparing for Your Photo Shoot: The following are some suggestions you may find useful in the days leading up to your photo session:

- ☑ You should have your eyebrows waxed or tweezed a few days prior to your session in order to avoid red skin and puffiness. This also applies to the bikini area.
- ☑ Make sure not to get sunburned right before your session. If you have never visited a tanning booth or used self tanners or bronzers, trying them right before your session is NOT the time to start as the results could be disastrous. Please remember that tan lines will show in your photos. If you prefer the look, by all means prepare in advance for that tan if you do not already have one. However, if you don't like the look of tan lines, work to get rid of them before your session.
- ☑ You should get lots of rest the night before your session. Also, don't overindulge the night before your session. Save the party for afterwards when you are feeling jubilant!
- ☑ Have your favorite music selected and ready ahead of time to help put you in the mood you hope to achieve. We have speakers that work with most Ipods.
- ☑ Moisturizing your skin on the morning of your session is desirable but please no self tanners or body oil as it can damage your clothing or even our backdrops.
- ☑ Have your own makeup and hair products on hand even if you have already applied your makeup. It's always nice to have things you have used to in case you need to freshen up your look.
- ☑ Have your own fun accessories like jewelry, scarves, hats and shoes on hand to play with, particularly if they would enhance a possible 'theme' or 'look' you would like to achieve. We have quite a few to choose from but yours may reflect you better. (Even so, while 'props' can be wonderful, remember that it's really about you and overdoing it may overwhelm the image.)
- ☑ Please be sure to express any concerns you may have about features or trouble spots so that we can better maximize the things about you that you love and minimize the things that you don't! Also remember that the level of clothing you choose to wear (or not wear) is entirely your decision, so be honest and let us know.
- ☑ As a last note, be sure NOT to wear tight fitting clothes before your session as lines can take hours to disappear and will keep us from getting started right off.